

## MEN'S 2024 COURSE SCHEDULE

Top leaders of the TM® organization are coming to lead several of our courses in 2024. Dr. Neil Paterson will lead a WPA in February, Dr. John Hagelin will oversee an MIU Faculty retreat in March, Dr. John Bright will lead a Bhagavad Gita Chapters 9 & 10 WPA in August, and Dr. Doug Birx will return to hold another special TM-Sidhi® Refresher course/WPA in October. Please visit purushacourses.org or see the course schedule below for more details.

In addition to our traditional courses, we have added four TM Retreats for meditators with the option to learn an Advanced Technique. We held two such TM Retreats this year and, based on their popularity and success, have scheduled four more during the coming year. If you know of any TM meditators who you think may be interested in this opportunity, please refer them to the maharishipurusha.org website.

## Two-Day TM-Sidhi® Program Refresher Course with Dr. Doug Birx

This course will be offered during the first two days of the October 12-19 WPA. Come and refresh your TM-Sidhi Program practice with a full two-day review from Maharishi and the TM-Sidhi Program Administrators. In morning, afternoon and evening meetings, this course features a thorough review of the practice, inspiring Pure Knowledge videos, discussion, and a private meeting with the TM-Sidhi Program Administrator. Please join TM-Sidhi Program Administrator Dr. Doug Birx for this very special opportunity, which until recently had not been offered in the United States for many years. This course may be taken only once. We expect this course will be well attended so please apply early. See below for more details. The \$250 course fee for the Refresher Course is included in the course fee (\$1450) for the WPA.

## World Peace Assembly Schedule (WPAs)

World Peace Assemblies offer an opportunity to enjoy extended practice of the TM and TM-Sidhi programs and gain deep and revitalizing rest. Enjoy the soft, silent atmosphere created by Purusha<sup>SM</sup> in the seclusion of a forest setting. This is the place to totally relax, switch off, and dive into your experiences. Enjoy the fresh mountain air and scenic walks and the added benefit of living in a Maharishi Vastu<sup>®</sup> Architecture-designed facility. Our spacious accommodations, panoramic mountain views, delicious organic vegetarian cuisine, good company, and beautiful knowledge talks by Maharishi, all contribute to a delightful experience. We may add special guest course leaders and course themes for several of our courses at a later date. For the most up-to-date detailed course descriptions, please visit PurushaCourses.org.

## February WPA with Dr. Neil Paterson: February 11 (Sunday) to February 18, (Sunday), 7 nights, \$1200.

This course is led by one of the most inspiring leaders in the TM organization – TM-Sidhi Administrator Dr. Neil Paterson. Enjoy a rare opportunity to dive deep into the experience of your TM-Sidhi practice and come out refreshed and full of new insights. Dr. Paterson will review the practice of the TM-Sidhi program and personally meet with those who have questions about their TM-Sidhi program practice and Advanced Techniques. There may also be an opportunity to learn an Advanced Technique, depending upon the demand.

Memorial Day WPA: May 25 (Saturday) to June 1, (Saturday), 7 nights, \$1200.

Guru Purnima WPA: July 20 (Saturday) to July 27 (Saturday), 7 nights, \$1200.

Guru Purnima is that special time of the year when we celebrate the fullness of Vedic knowledge given to us by Maharishi and Guru Dev. We will celebrate this special time by watching traditional celebrations from Holland with Maharaja and leaders of the Global Country of World Peace<sup>SM</sup>. This course will also include videos of Maharishi speaking about his years with Guru Dev.





Silence WPA Dr. Neil Paterson W

#### World Peace Assembly Schedule (WPAs) continued

## Bhagavad Gita Chapters: 9 & 10. A profound course with Tony Nader, MD, PhD, led by Vedic scholar John Bright, PhD August 17 (Saturday) to August 31 (Saturday), 14 nights, \$1600

In a series of recorded lectures given by the global leader of the TM organizations, Tony Nader, MD, PhD, and led in person by *Bhagavad Gita* expert and Vedic scholar, John Bright, PhD, you will be taken on an engaging journey through Chapters 9 and 10 of the *Bhagavad Gita*, where Lord Krishna reveals to Arjuna the deepest secret wisdom for the liberation of any man. This profoundly enlightening dialogue between Lord Krishna and his devotee, Arjuna, on the historic battlefield of Kurukshetra, embodies the divine interaction between Silence and Dynamism and provides practical knowledge indispensable to any seeker of Truth striving to achieve their full potential. This course is only open to those who have taken the *Bhagavad Gita* Chapters 7 & 8 course. We anticipate holding another Chapters 7 & 8 Gita course in the future.

TM-Sidhi® program Refresher Course/WPA (includes the 2 day TM-Sidhi® program Refresher Course described above): October 12 (Saturday) to October 19, (Saturday), 7 nights, \$1450\*. This course may be taken only once.

See above for more details. \* Includes the \$250 course fee for the TM-Sidhi® Program Refresher Course.

Silence WPA: December 29 (Sunday) to January 9 (Thursday), 11 nights, \$1750 or December 29 (Sunday) to January 13 (Monday), 15 nights, \$2150.

For decades, wherever we happened to be, Purusha spent the first seven days of January in silence along with Maharishi. We invite you to join us in this annual tradition of beginning each New Year from a platform of powerful silence and deep experience of the TM and TM-Sidhi programs. The course includes afternoon and evening meetings with videos of Maharishi. The Silence WPA has been a favorite of many course participants due to the depth of experiences that are often gained during this longest WPA of the year.

## TM Retreat/Advanced Technique Courses for Meditators

We will be holding four TM Retreat/Advanced Technique courses in 2024. This is a special opportunity for meditators to enjoy a three-night TM Retreat with the added opportunity to learn an Advanced Technique. For more details and to apply please visit the maharishipurusha.org website.

## Maharishi Purusha Program<sup>SM</sup> and Taste of Purusha Courses

The Maharishi Purusha Program is for single men who wish to live in an ideal environment and experience rapid growth towards full enlightenment. We offer Taste of Purusha Courses for those who would like to come for up to three months and experience a taste of what it is like to be on Purusha. To apply and/or for more information, visit purusha.org and maharishipurusha.org for courses and programs for younger men.

# Please visit our website for our COVID testing policy. Apply online at www.PurushaCourses.org

NOTE: If your travel arrangements make it necessary to arrive a day early or leave a day later for any course, please inform our office at courses@purusha.org in advance of the course. The additional course fee is \$95 per night. We offer a discount for full-time students and anyone working full time for an organization associated with the Global Country of World Peace. Please contact us for details. Governors who are interested in being guest WPA course leaders should email us at courses@purusha.org.