

Maharishi Purusha Capital of the Western World

Come and Enjoy the Deep Silence at the *Purusha Capital* in West Virginia

15% DISCOUNT FOR YOUR FIRST COURSE IN WEST VIRGINIA

MEN'S 2019 COURSE SCHEDULE

CREATING COHERENCE COURSE SCHEDULE

June 15–29 or July 13 • \$1150 or \$1600 • July 13–Jul 27 or Aug 10 • \$1150 or \$1600 • September 7–21 or Oct 5 • \$1150 or \$1600

These courses provide an ideal venue for going deeper into pure consciousness for an extended period of time. Each Creating Coherence Course begins with a one-week WPA (see course list below), which is included in the course fee. After the WPA is finished, the program is similar to the WPA routine but with afternoons free for personal activities. For the maximum benefit of this program there must be a minimum of three course participants. Last year's Summer Creating Coherence Courses were well attended.

TASTE OF PURUSHA COURSE FOR SINGLE MEN

This course is for single men who want to stay with Purusha for a minimum of one month to explore the possibility of longer-term participation in the PurushaSM program. Course participants will spend time on an ideal routine which includes extended practice of the TM[®] and TM-Sidhi[®] programs, delicious organic meals, and evening knowledge meetings with Purusha. Starting dates will typically begin with one of our one-week WPAs and the course can last up to three months. This course is designed for at least two participants to be taking the program at the same time to ensure the richest possible experience. The fee is \$1500 per month, with any WPA included in the course fee. You may fill out a Taste of Purusha application at Purusha.org or contact us for more information at AdmissionsOffice@Purusha.org.

WORLD PEACE ASSEMBLIES

Presidents' Day Weekend with Dr. Stuart Rothenberg • February 15-18 (Fri–Mon), 3 nights • \$450

In what has become an annual tradition, Dr. Rothenberg will be returning to lead our Presidents' Day WPA. In addition to videos by Maharishi, the course will include presentations on the Maharishi Vedic Approach to HealthSM and news of recent developments and successes in offering Maharishi AyurVedaSM programs to an increasing number of Doctors and patients. Dr. Rothenberg has worked closely with Maharishi and the leading Vaidyas in the TM organization for many years, overseeing health clinics and educational programs, and has trained over 1500 physicians in Maharishi AyurVeda. Currently he is the Co-director for the Maharishi AyurVeda Association of America and an adjunct Professor in the Department of Physiology and Health at Maharishi University of ManagementSM.

Next Generation Purusha WPA • March 29–April 1 (Fri–Mon) or March 29–April 5 (Fri–Fri), 3 or 7 nights • \$350 or \$750

This WPA is open to single men who are 45 or younger, will coincide with the beginning of the Next Generation Purusha Program and will give a taste of the great power and bliss of Purusha life. Course participants will enjoy meetings, meals, and group practice of the TM and TM-Sidhi programs with the members of the Next Generation Purusha program. If you would like to rapidly develop your consciousness in a beautiful and pure natural environment with a group of like-minded young men, this is the course for you. A 33% discount is available for full time students and those working full time in an organization affiliated with the TM organization. Scholarships may be available.

Nine Days of Mother Divine • April 6-13 (Sat–Sat), 7 nights • \$950

This course includes special videos of Maharishi Vedic PanditsSM performing the traditional recitations for the Nine Days of Mother Divine and a lecture by Maharishi on Mother Divine, as well as other videos of Maharishi.

April Weekend WPA • April 26-29 (Fri–Mon), 3 nights • \$450

We have three weekend WPAs per year — Presidents' Day, April, and Columbus Day — each beginning on a Friday and ending on a Monday. These courses are particularly convenient for our East Coast friends to make a comfortable drive to get some deep rest and thereby refresh their experiences both in and out of program. The effect of these weekend courses is dramatic. Course participants report that even after one day they feel like they've already enjoyed several days of profound rest and lively deep silence.

Special Invitation for the Canadian Family to Share Deep Silence with Purusha • May 11–18, (Sat–Sat), 7 nights • \$950

This WPA will be led by Raja Paul, Raja of Invincible Canada. The Canadian Purusha living at the Purusha Capital will host the course, which will be open to men Governors and Sidhas. This will be a delightful opportunity for the family of the enlightened in Canada to come together to enjoy the bliss and powerful coherence of the Purusha Capital. The course will feature specially selected videos of Maharishi from Purusha's extensive archives. Here are comments from Canadians who have attended courses at the Purusha Capital:

- "It was remarkably powerful and blissful there." • "The first impression I had was how loud the silence was."
- "Being at the Purusha Capital was one of the most gratifying experiences I have had in the movement."
- "The Purusha facility in the mountains is more secluded than Huntsville and the knowledge program with 18 men was deeply inspiring."

WPA with Dr. Bevan Morris, What Maharishi Did in the World – 1955 to 2008

– and How the World Has Changed – Personal Memories and Reflections • May 25–June 1, (Sat–Sat), 7 nights • \$950

Bevan will share his unique personal memories of Maharishi and reflections on the gift he gave to the world. Having worked closely with Maharishi as a teacher and leader in our worldwide organization for nearly 50 years, Bevan is uniquely qualified to offer deep insight into Maharishi's vision for the world. On this course, he will explore:

- How Maharishi started his worldwide organization and how it spontaneously developed, year after year, reaching every corner of the planet.
- What Maharishi did to fully transform the knowledge and technologies available to the world in every field of life during 53 years of service to Guru Dev.
- The nature of the golden age of the human race that is now rising as a direct result.
- Reflections of personal experiences of Maharishi's cosmic genius and supreme achievements.

Audiences around the world have been greatly uplifted by Bevan's presentations and his discussion of these topics.

WPA on the Bhagavad-Gita with Raja John Bright • June 15–22 (Sat–Sat), 7 nights • \$950

Raja Bright spent many years working intimately with Maharishi, absorbing his wisdom, and for over 20 years led weekly Gita study groups at the TM center in Palo Alto, CA. Comments made by previous participants in this course included:

- "Raja John Bright's course is Purusha's best kept secret!"
- "These were the most lively, insightful discussions I've had at any course in 20 years."
- "I walked away with unprecedented access to the Gita and Maharishi's brilliant commentary."

Please join us for this unique opportunity to delve deeply into the transcendent while simultaneously correlating your experiences with the Gita. As chapter 2, verse 40 of the Gita says, "Even a little of this Dharma delivers from great fear." You will leave with a renewed and ongoing experience of the Gita as a personal guidebook to development of higher states of consciousness.

Next Generation Purusha WPA • June 28–July 1 (Fri–Mon) or June 28–July 5 (Fri–Fri), 3 or 7 nights • \$350 or \$750

See course description for the April Next Generation Purusha WPA.

Guru Purnima WPA with Dr. Fred Travis • July 13–20 (Sat–Sat), 7 nights • \$950

We are happy to welcome Dr. Travis back again this year. In 2018 course participants said they were fascinated by Fred's explanations of the present state of brain and neurophysiological research and how development of the brain through our practice of the TM and TM–Sidhi programs relates to one's own experiences of the development of higher states of consciousness. Dr. Travis will be bringing EEG equipment to test several WPA volunteers and illustrate in real time the profound effects of transcending on the brain physiology. Fred has done extensive research on the changes in brain functioning during meditation, yogic flying, and reading Vedic literature and says "Cosmic consciousness is closer than you think, and it's not a theoretical concept. It's the reality of our life. The whole thrust of our life on earth is to enhance brain functioning." Dr. Travis is Director of the Center for Brain, Consciousness, and Cognition at Maharishi University of Management, Chairman of the Department of Maharishi Vedic Science at MUM, and author of the book **Your Brain Is a River Not a Rock** and co-author of **Excellence through Mind–Brain Development and Dharma Parenting**.

September WPA • September 7–14, (Sat–Sat), 7 nights • \$950

September is a beautiful time of the year to attend a course in the mountains. This WPA will feature unique videos of Maharishi selected from Purusha's extensive archive. Courses at the Purusha Capital provide deep rest and rejuvenation, leading to clearer experiences in and out of program.

Nine Days of Mother Divine WPA with Dr. Doug Birx • Sep 28–Oct 5 (Sat–Sat), 7 nights • \$950

This course is a special opportunity to spend time with one of the great leaders of the TM organization and to refresh your understanding of correct practice of the TM and TM–Sidhi programs. Over the past 42 years, Dr. Doug Birx has taught many thousands of people the TM–Sidhi program in more than 80 CIC Courses, and Maharishi called him the "Master Checker". Course participants enjoy Doug's warmth and wisdom as he discusses experiences and does a thorough review of correct practice of the TM–Sidhi program. There will also be an opportunity to meet with Doug privately about your TM–Sidhi practice. His courses typically fill up quickly, so be sure to reserve a room early.

Some comments from prior courses:

- "Doug completely eliminated any trace of effort that I'd been having in program."
- "I couldn't believe how generous he was with his one-on-one consultations. Program has become so blissful."
- "I loved his warmth and easy-going manner. So inspiring."

This course coincides with Navaratri, the nine days of the Vedic calendar most lively in the qualities of Mother Divine. The course includes videos of the traditional recitations for the Nine Days of Mother Divine.

Columbus Day Weekend • October 11–14 (Fri–Mon), 3 nights • \$450

This will be the last weekend course in 2018. The close proximity of the Purusha CapitalSM to much of the East Coast makes it an ideal venue for weekend WPAs.

Dipavali WPA with Dr. Neil Paterson • Oct 26–Nov 2, (Sat–Sat), 7 nights • \$950

As he has for the past three years, Dr. Neil Paterson will once again visit the Purusha Capital to lead an autumn WPA. Neil worked extensively with Maharishi for over 30 years, is a TM–Sidhi administrator and Advanced Technique teacher, and is currently working closely with Maharaja Adhiraj Rajaram. He will meet daily with the course and answer all questions, whether about Maharishi, higher states of consciousness, or practical points regarding the subtle practice and experience of the TM–Sidhi program. In addition, Neil will meet privately with anyone who wishes regarding their Advanced Techniques or TM–Sidhi program. Dipavali, The Festival of Lights (Mahalakhmi), is October 27th. Mahalakhmi is the day in the Vedic calendar when the Laws of Nature supporting wealth and prosperity are most lively.

Here are some comments from participants at one of his courses:

- "Neil manages to simultaneously be eloquent, comprehensive and down-to-earth."
 - "As the week went on, my program became more and more effortless and brought my program to a level I've never experienced before. Best of all, that new depth of experience appears to now be a permanent part of my program at home."
 - "Best course I've been to since learning the TM–Sidhis in person with Maharishi."
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Silence Course • Dec 29–Jan 9 or Dec 29–Jan 13, 11 or 15 nights • \$1500 or \$1900

For many years, wherever Purusha happened to be, we spent the first seven days of January in silence along with Maharishi. We invite you to join us in this annual tradition of beginning each New Year from a platform of powerful silence and deep experience of the TM and TM–Sidhi programs. The Silence WPA has been a favorite of many course participants due to the depth of experiences that are often gained during this longest WPA of the year.

If your travel arrangements make it necessary to arrive a day early or leave a day later, please inform our office at courses@purusha.org. We offer a discount for full-time students and anyone working full time for an organization associated with the Global Country of World Peace. Please contact us for details. Governors who are interested in being guest WPA course leaders should email us at courses@purusha.org. Apply online at www.purushacourses.org
